

# Our Help Is From The Lord

(based on Ps. 121)

Paul F. Page  
ASCAP

### Refrain / Assembly

Our help is from the Lord who made the  
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*Pno.* Not too fast (♩ = c. 84-88)

### Solo or small group

heav'ns and earth. 1. I lift my eyes to the moun-tains whence  
 heav'ns and earth. 2. The Lord is your guard-ian; the  
 heav'ns and earth. 3. May the Lord guard you from all e - vil. May the

*FINE*

Our Help Is From The Lord

9

1. comes help from the Lord. May the Lord not let your

2. Lord is your shade. And the Lord sits by your

3. Lord guard your life. The Lord will guard your

12

1. foot slip, and may the Lord guard you night and day. (Our)

2. right hand watch-ing you night and day. (Our)

3. jour - ney both now and for - e - ver - more. (Our)